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**DAY BEFORE COLONOSCOPY**

Clear Liquid diet **all** day

Apple juice

Jell-o

Tea

Broth

**NO red juices or red Jell-O**

**NO milk, milk products, or solid foods**

Starting at **2:00 pm**, drink 8 ounces of Nulytely (one gallon) every 10 minutes until bottle is empty

Drink at least six 8 ounce glasses of water during the evening

Take 4 Dulcolax tablets (Bisacodyl DR 5 mg) by mouth at **10 PM**

**NOTHING BY MOUTH AFTER 12:00 MIDNIGHT**

Please call if you are unable to complete the preparation.

**DAY OF COLONOSCOPY**

Do not eat breakfast, but you may take your regular medications with a small sip of water.

Use one (1) Fleet Enema rectally approximately one hour before leaving home.

**\*\*REMEMBER\*\***

**NO** Plavix, aspirin, ibuprofen type medications (Motrin, Aleve, Nuprin, Naprosyn), or NSAIDS (Vioxx, Celebrex, or Bextra) for 10 days prior to your procedure.

**STOP** Coumadin five (5) days before colonoscopy.

**Things to Buy:**

Nulytely 1 gallon

Fleet Enema-1 bottle

Dulcolax (Bisacodyl)