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Colon Surgery Bowel Preparation

Day Before Surgery

1) Clear liquid diet for breakfast, lunch, and dinner

Water

Gatorade or Kool-Aid

Coffee (without cream)

Tea

Clear Broth

Fruit juice without pulp

Ginger ale

Sprite or 7-Up

2) 2 PM- Nulytely (one gallon)- drink 8 to 10 ounces every 10 to 15 minutes until the bottle is empty.

3) Two (2) Fleet enemas (one at a time) between 6:00-8:00PM. Hold each for 3-5 min.

4) Neomycin 2 gm (4 pills) and Flagyl 2gm (4 pills) by mouth at 8PM **and** 11PM.

Total of 8 pills at 8 PM and 8 pills at 11 PM.

(Take 1 pill every 5 to 10 minutes. Do not take all the pills at the same time.)

5) NOTHING BY MOUTH AFTER MIDNIGHT

Day of Surgery

If bowel movements are not clear prior to leaving the house for the hospital, do an additional Fleet enema (hold at least 3-5 minutes).

*****Remember: No aspirin, ibuprofen, fish oil, or NSAID type medications (i.e. Naprosyn, Alleve, etc) for 7 days prior to surgery. Please ask our office if you have questions regarding your medications.*****

Please call with any questions.